

What is Integrative Cancer Care?

A comprehensive, whole-patient approach that treats the disease, while also supporting patients' strength, stamina and quality of life

Many patients underestimate how dramatically cancer can affect them, **physically** and **emotionally**. In fact, many of the side effects they may experience can build on one another and leave patients too sick to undergo treatment.

Did you know?

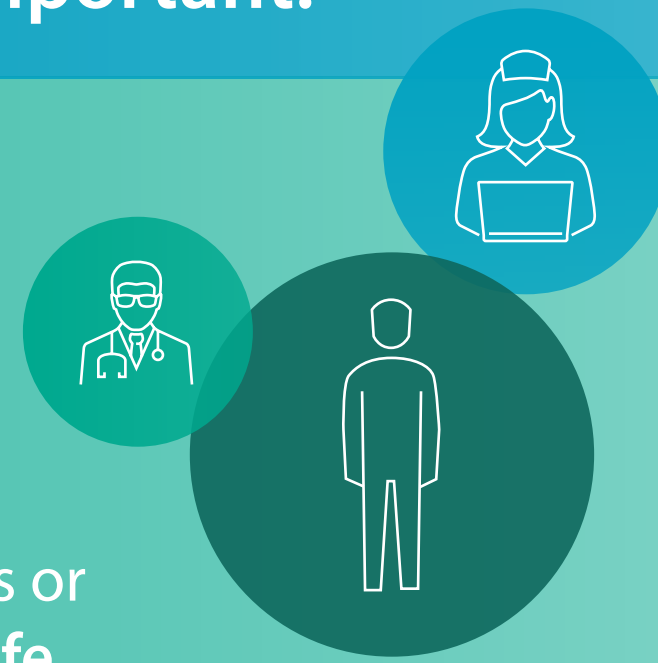
- Up to **80%** of adults living with cancer are malnourished.
- At diagnosis, **1 IN 2** patients has some form of nutritional deficit.
- 65%** of patients take a natural supplement during treatment.
- At least **7 IN 10** cancer patients undergoing treatment experience fatigue.
- 1 IN 3** cancer patients continues to experience pain after treatment.
- Fewer than **1 IN 5** patients receives spiritual support from a doctor.

That's why integrative cancer care is important.



THE GOAL

To help patients reduce treatment delays or interruptions and get the most out of life.



How does integrative care work?



CONVENTIONAL TREATMENTS

- Chemotherapy
- Genomic testing
- Immunotherapy
- Radiation therapy
- Surgical oncology
- Hormone therapy

SUPPORTIVE THERAPIES

- Acupuncture
- Chiropractic care
- Mind-body medicine
- Naturopathic medicine
- Nutrition therapy
- Oncology rehabilitation
- Pain management
- Spiritual support

How can integrative care help you?



QUALITY OF LIFE

Cancer and its treatment can have a major impact on how you feel, function or look. Addressing those issues—early and persistently—may help you get back to life, even as you battle the disease.



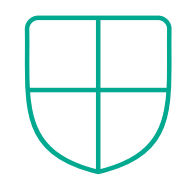
TREATMENT MOMENTUM

Many cancer-related side effects may leave you too sick or weak to complete treatment. Interruptions in your treatment schedule may mean valuable time is lost in attacking the disease. Managing side effects may help prevent those delays.



SPEED OF CARE

With a cancer diagnosis, it is critically to get on an appropriate treatment plan as quickly as possible. The integrative care model is built for efficiency and convenience, with an emphasis on eliminating waste in time and resources spent, so you get results more quickly.



IMMUNE SYSTEM

Your immune system plays a pivotal role in fighting cancer. When healthy, it serves as a natural defense and promotes healing. But some treatments weaken the immune system. Integrative care strives to both treat the disease and protect the immune system.