

Screening & Prevention For Men.



Our Journey of Hope provides pastors and ministry leaders with the tools, training and support to help raise up cancer care ministries in their churches and communities.

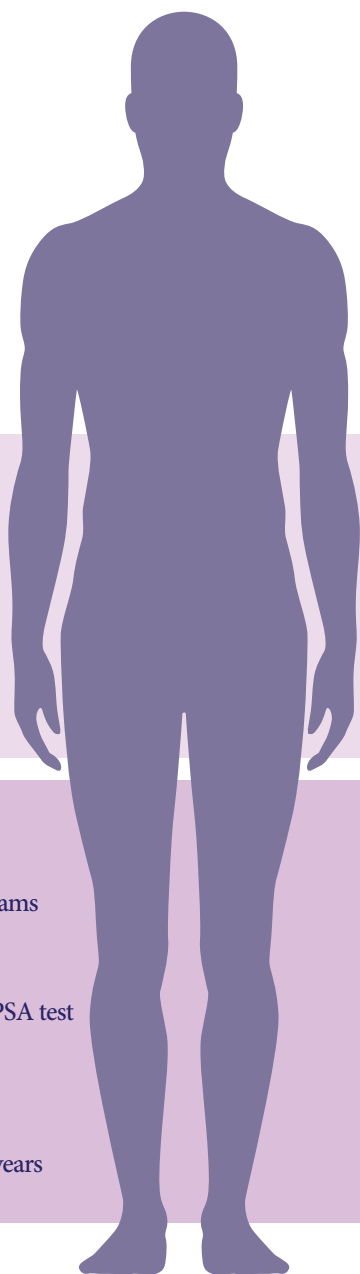
Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bought at a price. Therefore, honor God with your bodies.

- 1 Corinthians 6:19-20 (New International Version)



Now, you have more power than ever to **detect cancer early.**

Regular examinations and health screenings can make a big difference. Take care of your body by scheduling an appointment with your primary care physician to complete your annual physical and receive individual screening recommendations.



By Age

- Monthly skin self-exams
- Monthly testicular self-exams
- Consider a colonoscopy if you have poor diet/exercise routines

20's
30's
40's

- Monthly skin self-exams
- Monthly testicular self-exams
- Annual physical exam
- Annual prostate exam + PSA test
- Annual lung screening (if at risk, 55 yrs.+)
- Colonoscopy every 5-10 years

50's
60's

Source: Centers for Disease Control and Prevention, April 2015

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