Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bought at a price. Therefore, honor God with your bodies.

- 1 Corinthians 6:19-20 (New International Version)

Tobacco use is the leading cause of preventable illness and death in the U.S.

Most cancer deaths in the U.S. are from lung cancer.

Smoking accounts for 80% of these deaths in women.

Smoking accounts for 90% of these deaths in men.

Premature deaths caused by tobacco smoke each year:

- 25% Lung Disease
- 35% Heart Disease & Stroke
- 40% Cancer

Our Journey of Hope provides pastors and ministry leaders with the tools, training and support to help raise up cancer care ministries in their churches and communities.

It’s Never too Late to Quit Smoking.
Do you not know that your bodies are temples of the Holy Spirit, whom you have received from God? You are not your own;
- I Corinthians 6:19-20 (New International Version)

It's Never too Late to Quit Smoking.

Quitting reduces your risk of dying from smoking-related diseases, no matter your age.

- At age 30, risk goes down 90%
- At age 50, risk goes down 50%
- At age 60+, you’ll live longer than those who continue to smoke

Tobacco smoke has at least 250 harmful chemicals. 69 of them can cause cancer.

Second hand smoke causes 3,000 non-smoker deaths each year.

Smoking can cause lots of cancers, not just lung:

- Throat
- Mouth
- Nasal Cavity
- Esophagus
- Stomach
- Pancreas
- Kidney
- Bladder
- Cervix
- Blood

Even after being diagnosed with cancer, there are reasons to quit:

Improved response to therapy
Improved ability to heal
Stronger immune system
Lower risk of cancer returning
Lower risk of other cancers developing

Source: National Cancer Institute

800-296-9333

Our Journey of Hope is sponsored by Cancer Treatment Centers of America.